
ALLERGENS INFORMATION

Allergens information

NOVEMBER 2023

THE BLACK DOG
FREEHOUSE

A La Carte																		
Dish Name	Tree Nuts	Peanuts	Molluscs (such as mussels and oysters)	Sesame	Crustaceans (such as prawns, crabs and lobsters)	Fish	Egg	Soybeans	Milk	Celery	Mustard	Sulphur Dioxide	Sulphites	Lupin	Cereals Containing Gluten (such as barley and oats)	Contains: Garlic-Onion	Contains: Alcohol	Contains: Vinegar
COLD TAPAS																		
Fried Corn Nuts	X	X																
Bread & Oil	X	X		X										X	X			
Olives																		X
Anchovies						X										X		X
Manchego									X							X		
Burrata	X	X							X				X		X		X	X
HOT TAPAS																		
Padron Peppers																		
Croquetas	X	X					X	X	X	X	X				X	X		X
Chorizo												X	X	X	X	X	X	
Prawns					X								X	X	X	X	X	X
Chicken Bites									X						X	X		

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LARGE PLATES																		
Bd Cheese Burger									X					X	X	X		X
Caeser Salad						X	X		X		X		X	X	X	X	X	X
Half Chicken								X				X	X			X	X	X
Nachos									X			X	X	X	X	X	X	X
Simplicity Burger	X	X						X		X	X	X	X	X	X	X	X	X
Wild Mushroom Risotto									X							X	X	
Flat Iron									X			X	X		X	X	X	
Fish and Chips						X	X					X	X		X		X	X
Sea Bream					X	X			X			X	X			X	X	
SIDES																		
Hand Cut Chips																		
Grilled Broccoli												X	X			X	X	X

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SAUCES																		
Peppercorn Sauce									X			X	X		X		X	X
Brava Sauce																X		
Horse Radish							X				X		X					X
Mayonaise							X				X							X
Tomato Ketchup										X								X
Chimichurri												X	X			X	X	X
DESSERTS																		
Churros									X						X			
Chocolate Sauce																		
Almond Cake	X	X					X		X						X			
Ice Creams							X		X									
Sorbet																		
Affogado							X		X									

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Sunday Roasts																		
Dish Name	Tree Nuts	Peanuts	Molluscs (such as mussels and oysters)	Sesame	Crustaceans (such as prawns, crabs and lobsters)	Fish	Egg	Soybeans	Milk	Celery	Mustard	Sulphur Dioxide	Sulphites	Lupin	Cereals Containing Gluten (such as barley and oats)	Contains: Garlic-Onion	Contains: Alcohol	Contains: Vinegar
Beef Roast							X		X	X	X	X	X		X	X	X	X
Chicken Roast							X		X	X	X		X		X	X	X	X
Roast Pork							X		X	X	X		X		X	X	X	X
Veggie Cauliflower Roast							X		X			X	X		X	X	X	X
Roast Potatoes																		
Steamed Vegetables									X									
Roasted Vegetables																		

We unfortunately can't serve guests who have severe allergies, as we can't guarantee a trace-free environment due to a high risk of cross-contamination.

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Christmas																		
Dish Name	Tree Nuts	Peanuts	Molluscs (such as mussels and oysters)	Sesame	Crustaceans (such as prawns, crabs and lobsters)	Fish	Egg	Soybeans	Milk	Celery	Mustard	Sulphur Dioxide	Sulphites	Lupin	Cereals Containing Gluten (such as barley and oats)	Contains: Garlic-Onion	Contains: Alcohol	Contains: Vinegar
Padron Peppers																		
Red Partridge							X		X			X	X	X	X			X
Burrata	X	X							X		X							X
Scallops			X			X			X			X	X			X		
Smoked Salmon						X			X			X	X	X	X			
Gravy										X		X	X		X	X	X	
Rib							X				X	X	X					X
Turbot						X						X	X					
Roasted Cauliflower									X			X	X		X	X		X
Cauliflower Cheese									X			X	X		X			X
Bruseel Sprouts																		
Cabbage												X	X					X
Roasted Vegetables									X									
Roast Potatoes																		
Almond Cake							X		X						X			
Churros															X			

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